

ASAPERD Spring Conference Program – Tentative 3/1/2023 – Subject to Change

Type	Day	Time	Title	Presenter
	Thursday 4/13/23	3 – 5	Registration Open – Phoenix VI Lobby	
		1 – 5	Future Professionals Leadership Development Conference See link on Spring Conference page for details	
	Friday 4/14/2023	7:30 – 2:00	Registration Open – Phoenix VI Lobby	
Activity	SES	8:30	The Science of Sweating in Sport	Robert Herron, Anja Kuys
Lecture	Health	8:30	Using the Guidelines to Making Healthy Nutritional Choices for High School and College Athletes	Shelley Holden, Craig Parkes, Brooke Forrester
Activity	Physical Education	8:30	YouFO: The New, Award-Winning Sport You Will Love!	Zeke Bailes
Lecture	Athletics	8:30	Importance of Building a Successful Football Program Through Relationships	Patrick Hannah
Activity	Health	9:40	Utilizing Choice Boards in High School Health Education	Joeva Thomas, Kimberly Wilson
Lecture	Research	9:40	Fast-Food Consumption of American Vs Canadian College Students	Kassidi Cullen, Shelley Holden, Eun Min Hwang, Craig Parkes
Activity	Physical Education	9:40	Discover Fun Ways to Add Excitement and Motivate Your Students with Tennis!	Suzanne Stone
Lecture	Higher Education	9:40	Firefighter, Police Officer, Soldier...Am I Fit Enough? Improving Tactical Fitness among Students Pursuing Careers with Fitness Requirements	Erin Reilly, Brett Davis, Kelly Birchfield
	General Session	10:50	Featuring Emily Pharez, J. Larry Newton School, Fairhope Reports from the Future Professionals Grant Recipients	
Activity	Physical Education	1:30	The Benefits of Teaching Physical Education - Remember Your Why	Benita Gordan
Lecture	Health	1:30	Prevention and Awareness Sexually Transmitted Diseases	Kratina Cunningham
Activity	Physical Activity	1:30	Pickleball-Fastest Growing Sport in America	Shane Shelnett
Lecture	SES	1:30	Baby Boomer Fitness	Terry Brown, Steve Phillips, David Woodason
Poster	Research	1:30	Research Poster Sessions	
Activity	Physical Education	2:40	Adapted or Adapting	Chris Reeves
Lecture	Athletics	2:40	Changing the Culture in a Big Way in Small Areas	Grady Griffin
Activity	Physical Education	2:40	Gym Management	Whitney Reber
Lecture	Higher Education	2:40	PETE Recruitment and Retention in Alabama	Craig Parkes, Shelley Holden

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	Saturday 4/15/2023	8 – 11	Registration Open – Phoenix VI Lobby	
Activity	Athletics	8:30	Concepts for Designing High School Strength and Conditioning Programs	Robert Herron, Crystal Williams
Lecture	SES	8:30	OPIOID Emergency Management: Recognition and Action Plan	Kristina Estis
Activity	Physical Education	8:30	Bones, Muscles, Nutrition, Fitness...OH MY!	Auburn Cain
Lecture	Higher Education	8:30	Exploring the Implications to Higher Education with the Recruitment of International Student Athletes on the High School Level	Cornell Foo, Evelina Avleeva, George Schaefer
Activity	Physical Education	9:40	Inclusive Games with Little to No Technology	Jonathan Thompson
Lecture	Athletics	9:40	Athletic Trainers - A MUST Have in Your Athletic Program	Lori Long
Activity	Physical Activity	9:40	Finding Fitness in Class in Community	Jenn Baumeister
Lecture	Physical Education	9:40	TBA	
Activity	Physical Education	10:50	Dice, Dice Baby!	Auburn Cain
Lecture	Health	10:50	Health Lesson Sway	Jess Harbison
Activity	Higher Education	10:50	Publishing a Textbook 101	Retta Evans and Sandra Sims
Lecture	Physical Education	10:50	Adaptations for All	Shannon Revels
Activity	Physical Education	12:00	Teaching Golf on a Budget	James Reid
Lecture	Physical Education	12:00	How Do I Train my Afterschool Sports Officials on Inclusion?	Sheri Huff
Activity	SES	12:00	Preparing Yourself for Graduate Program Applications	Colleen Geary
Lecture	Health	12:00	Domestic Violence 101	Dana McLeod