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| **Sunday, November 4, 1:00 – 4:00** | | | |
| **Area** | **Title** | **Presenter** |
| Health | CPR Certification: Adult and Child CPR with AED | Gayle Bush, Cathy Flynn |
| Health | Preventing Suicide | Monique Davis, Jamari Williams Foundation |
| Sport & Exercise Science | 1-Athlete Recovery and Return to Play  2-Nutrition and the Young Athlete  3-Hydration Knowledge & Practices Among Athletes | 1-Ryan Conners  2-Kelly Devane-Hart  3-Brett Davis |
| Physical Education | Online Physical Education Network sponsored by US Games | Chris Walker |
| Physical Education | More Kids, More Smiles!  Run Jump Throw for Everyone, USA Track & Field | Jill Greer, Robin Brown-Beamon, Sterling Littlejohn |
| Athletics | Yoga for Athletes | Deann Allegro |
| **Sunday, November 4, 5:00 – 7:00** | | | |
| Future Professionals | Future Professionals Social @ Oak Mtn. Bowling Lanes |  |
| **Monday, November 5, 8:00 – 9:00** | | | |
| **Area** | **Title** | **Presenter** |
| Health | Nutrition for Middle/High School Athletes: How to Make the Most use of the School Nutrition Program | Teresa Johnson, Linda Jennings |
| Athletics | Facilitating Inclusion with AHSAA | Peter Park, Lauren Perry |
| Higher Education | Effective Supervision and Feedback Provision for Elementary Physical Education Teachers | Jamie Gilbert, William Davis |
| Research | The Benefits of Strength and Resistance Training in Children | Danielle Mason |
| Physical Education | 100 Alabama Miles Challenge-TIPS for Schools | Allison Tubbs |
| Sport & Exercise Science | Piecing Together Broken Science in Human Performance: A Practitioners’ Guide to Meta-Analysis | Michael Fedwa, Michael Esco |
| Physical Education | Give Your Feedback on the Course of Study: K-5 Physical Education Teachers | Derrick Lane |
| Physical Education | Engaging Activities for Individuals with Intellectual Disabilities | Angela Russell |
| Physical Education | Myths and Realities of Teaching Physical Education to English Learners | Josie Prado, Claire Mowling |
| Physical Education | Foam Coated Balls Are NOT for Dodgeball | George Blessing |
| Physical Activity | Yard Yahtzee | Christian Walker |
| **Monday, November 5, 9:10 – 10:10** | | | |
| **Area** | **Title** | **Presenter** |
| Health | Health Education Course of Study-Feedback Session | Connie Dacus |
| Athletics | Sport Specialization: What is Right? | Kimberly Shaw |
| Future Professionals | Making the Rounds: A Discussion with Future Professionals and Professionals about Current Issues | Sandra Sims |
| Health | 10 Strategies to Create Fun and Motivating, Skill-Based Health Classroom | Mary McCarley |
| Physical Activity | Making a Splash, The Impact of a Summer Swim Program | Daniela Susnera |
| Sport & Exercise Science | Internal and External Markers Used to Assess Recovery from Training | Danilo Tolusso, Bjoern Hornikel |
| Physical Education | Teaching Physical Education to Students with Autism Spectrum Disorders | Alex Martinez |
| Physical Education | Ultimate Football: A Dual Sport Collaboration | William Davis |
| Physical Education | Fitness Can Be Fun | Beth Uhlman |
| Physical Education | Can You Spare a SQAIR? | Jade Ng |
| **Monday, November 5, 10:20 – 11:45** | | | |
| General Session | Dr. Sloan Beard, The FARM – Functional Athletic Rehabilitation & Movement  Dr. Jeff Langham, Chief of Staff and Assistant to the State Superintendent of Education | |
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| **Monday, November 5, 12:45 – 1:45** | | | |
| **Area** | **Title** | **Presenter** |
| Health | Navigating Difficult Waters: Finding Reputable Health Information in the Vast Sea of the Internet | Lee Renfroe |
| Physical Education | Evolution of Perspectives Specific to Disability | Cliff Cook |
| Higher Education | ASAHPERD Quiz Bowl | Sandra Sims, Claire Mowling |
| Research | Physical Activity Monitors: Wearable but Are They Able | Lauren Killen |
| Physical Activity | How State Parks Can Help Schools with Programs | Anna Jones |
| Sport & Exercise Science | Meal Prepping for Athletes | Alyssum Reno |
| Other | HEAL Teachers Meeting and Workshop | Cristina Saunders, Christy Swaid |
| Physical Education | Instant Activity Overload | Chris Walker |
| Physical Education | Before, During and After School Activities to Acquire the Recommended 60 Minutes of Daily Physical Activity | Mandi Panter |
| Physical Education | Impact Your Community and Enhance Your Physical Education Program | Jaime Giangrosso |
| Physical Education | Alabama National Archery in School Program | Michael Bloxom, Justin Grider |
| **Monday, November 5, 1:55 – 2:55** | | | |
| **Area** | **Title** | **Presenter** |
| Health | Safe Routes to Schools | Rachel Leonard |
| Future Professionals | Incorporating the Affective Domain into Physical Education | Cindy O’Brien, Phillip Drake |
| Higher Education | Inter-Behaviorism: Determining Expertise in Physical Education | William Davis, Jamie Gilbert |
| General | Preparing Faculty for Distance Learning in Kinesiology: Addressing Issues and Obstacles to Success | Charity Bryan |
| Athletics | Live, Learn, Prepare and Compete | Josh Niblett |
| Sport & Exercise Science | Finding Your Footing: Connecting Curriculum and Coaching | Chris Shumate, Jeremy Elliott |
| Other | HEAL Teachers Meeting and Workshop, continued | Cristina Saunders, Christy Swaid |
| Physical Education | Inclusive Field Day Activities | Lori Watkins, Emily Mallard |
| Physical Education | Elementary Tag and Team Games | Tracie McPhillips |
| Physical Education | Hype Connections | Jess Harbison |
| Physical Education | Net Generation Tennis in Physical Education and Out of School | Suzanne Stone, Kevin Theos |
| **Monday, November 5, 3:00 – 4:00** | | | |
| **Area** | **Title** | **Presenter** |
| Health | Encouraging Kids to Make Healthy Choices: Finding the Right Balance | Lita Chatham |
| Physical Education | PBIS and Physical Education | Becky Peterson |
| Future Professionals | EDTPA Breakdown: Students Perspective and Tips | Candice Russell, Justin Wiley and others |
| Physical Education | All About Communication for Students Like Me! | Mary White, Kelly Bonner |
| Sport & Exercise Science | A Review of Body Composition Assessment Methods: Laboratory vs. Field | Zackary Cicone, Clifton Holmes |
| Physical Education | Little Minds and Little Bodies | Dayna Watson |
| Physical Education | Strategies to Host Successful Events and Tournaments | Meagan Rowe |
| Physical Education | Alabama Speak Out Day | Allison Tubbs, Sherri Huff |
| Physical Activity | Walk Across Tennessee | Anna Albright |
| **Monday, November 5, 4:15 – 7:15** | | | |
| Awards Presentation | Presentation of ASAHPERD Awards |  |
| Social | President’s Social & Silent Auction |  |
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| **Tuesday, November 6, 8:00 – 9:00** | | | |
| **Area** | **Title** | **Presenter** |
| Health | School Lunch 101: The New Learning Laboratory | Tricia Neura |
| Higher Education | Exposing Teacher Candidates and Teachers to Paralympics, Special Olympics and the other Sports for Children with Disabilities | Jeanine Fittipaldi-Wert |
| Physical Education | Give Your Feedback on the Course of Study Middle School Physical Education Teachers | Allison Jackson |
| Physical Education | Panel on Essential Eligibility Criteria in Adapted Recreation | Lisa Hilborn |
| Sport & Exercise Science | Physical Activity: Where are we Now? | Matt Leatherwood |
| Physical Education | Give Your Feedback on the Course of Study High School Teachers | Sherri Huff |
| Physical Education | This Ain’t Your Mama’s SQAIR Dance | Jade Ng, Margaret Guerra |
| Physical Education | Elementary Field Day Ideas | Kim Roberson Bev Randolph, Jared Paschal |
| Physical Education | Use Your Noodle! | Sharon Smith |
| Physical Activity | Gymnasium Jungle! | Patrick Shremshock |
| **Tuesday, November 6, 9:10 – 10:10** | | | |
| **Area** | **Title** | **Presenter** |
| Health | Human Trafficking: Signs and Symptoms | Carolyn Potter |
| General | Retire SMART-Ready or Not | Johnny Rosier |
| Higher Education | Adapted Physical Education Toolkit for Success | Jeanine Fittipaldi-Wert, Claire Mowling |
| Health | 5 Ways to Supercharge Your Health Class | Mary McCarley |
| Research | Research in Higher Education: How to Get Your Undergraduate Students Involved | Jean Ann Helm |
| Sport & Exercise Science | Impact of Heat Stress on Body Temperatures and Performance | Kermit Cres |
| Physical Education | Integrating and Applying Tech in Physical Education | Ginger Aaron Brush |
| Physical Education | Including Students with Special Needs in the Regular Physical Education Class | Jimmy Matlock, Ray Leigh Hammonds, Laura Rickman |
| Physical Education | Instantly OPEN Activities | Greg Congleton |
| Physical Activity | Casting and Fishing | Doug Darr |
| Future Professionals | What’s the Point of Dance? A Middle School Dance Unit | Rachel Trice |
| Research | Research Poster Sessions |  |
| **Tuesday, November 6, 10:20 – 10:50** | | | |
| **Area** | **Title** | **Presenter** |
| Health | Health Division Assembly of Members: This meeting is for you if you teach health education, work in nutrition or other health related field | Deanna Allegro & Tricia Neura |
| Sport & Exercise Science/Research | SES Division & Research Council Assembly of Members: This meeting is for you if you have an interest in sport and exercise science and/or research | Lauren Killen, Gina Mabrey, Mitchell Woltring, & Jean Ann Helm Allen |
| Physical Activity | Assembly of Members: This meeting is for you if you work in the areas related to physical activity (recreation, afterschool, etc.) | Chad Dyer & Christian Walker |
| Physical Education | Physical Education Assembly of Members: This meeting is for you if you teach K-12 physical education | Allison Tubbs, Michael James, |
| Future Professionals | Future Professionals Assembly of Members: This meeting is for you if you are an undergraduate student | Corey Wells, Brianna Randolph |
| Athletics | Athletics Assembly of Members: This meeting is for you if you coach at any level | Becca Grier, Brenda Vinson |
| Higher Education | Higher Education Assembly of Members: This meeting is for you if you teach in higher education | Claire Mowling |
| **Tuesday, November 6, 11:00 – 12:00** | | |
| **Area** | **Title** | **Presenter** |
| Health | Dairy Alliance Resources | Jana Miller |
| Athletics | Understanding Soccer Formations | Brigid Littleton |
| Higher Education | I Am Using Academic Language in My Gymnasium | Ellen Martin, Ann Klinkenborg |
| General | Recognizing Mental and Emotional Problems in Children and Teens, and Teaching Strategies for Students | Gayle Bush, Heidi Collier |
| Future Professionals | Tips from Experts on Effective Organization and Management Practices in Teaching and Coaching | Toni Leo, Gaston Gibson |
| Sport & Exercise Science | Effects of Attentional Focus on Motor Learning | Jonathan Swain |
| Physical Education | Tips for Success in the Early Years | Jeremy Andrews |
| Physical Education | *Fishing* for a New Unit | Jean Ann Helms-Allen, Jon Allen |
| Physical Education | LIFE Physical Education Games and Activities | Bubba Livingston |
| Physical Education | So, You Think You Can’t Dance | Emily Pharez |
| Physical Activity | Introduction to Target Ball | Ronald Ashley |
| **Tuesday, November 6, 12:10 – 1:10** | | |
| **Area** | **Title** | **Presenter** |
| Health | Weekend Back Pack Program | Greg Bishop |
| Future Professionals | How to Survive Your First Year of Teaching | Kamron Graham, Tricia Brice, Jeff Berry, Lannah Campbell |
| Higher Education | The Design and Efficacy of Video Modelling for Adapted Tennis Instruction | Loriane Favoretto |
| Athletics | Pat Summitt Leadership Program for Women: Living the Definite Dozen | Charity Bryan |
| Sport & Exercise Science | What Can I Do with a Bachelor’s Degree in Exercise Science | Dylan Sharp |
| Physical Education | Creating Secondary Physical Education Activities that are Standards-Based and Exciting for Students | Sandra Sims, Eli Beall, Angie Burnette, Zak Jones, Teresa McGhee, Hunter Mullins, Brianna Rudolph, Cade Stone, Corey Wells |
| Physical Education | Let’s Move in Our Classrooms | Shanekia Wiley |
| Physical Education | Teaching Racquet and Paddle Skills: No Nets and Courts Required | George Blessing |
| Physical Education | Climb On! How to Bring Rock Climbing to Your School | Gay Hughes |
| Physical Education | Olympic Day and Other Schoolwide Activities | Debra McDonald |
| **Tuesday, November 6, 1:20 – 2:20** | | |
| **Area** | **Title** | **Presenter** |
| Future Professionals | Run, Hide, and Fight: What to Do with an Active Shooter in Your Gym | Chad Dyer |
| Health | Making Nutrition Education Fun and Effective | Jaime Giangrosso, Karen McNamara |
| Higher Education | Get Your Groove on in a Good Book: How Children’s Literature Can Deepen Our Understanding of the Challenges Faced by Children in a Physical Education Class | Jennifer Summerlin |
| Physical Education | Universal Design for Learning in Physical Education | Alex Martinez, Kelly Bonner |
| Physical Education | EZ Scan: The New Lap Counting APP | Shelley Grimes |
| Sport & Exercise Science | Transitioning from Undergraduate to Graduate Programs – A Student’s Perspective | Montia Pace |
| Physical Education | Scale Back Plus Schools = Success | Mollie Killman |
| Physical Education | Using Video Modeling for Adapted Tennis Instruction | Loriane Favoretto |
| Physical Education | Games Creation | Jonathan Thompson |
| Physical Education | Heart Obstacle Course | Anita Davis |
| Athletics | Vinyasa Flow Yoga | Jeaneen Thompson |