**Triangle Tag**

**Development Goal**

To develop strategic thinking and verbal communication

**Before You Start**

* Divide players into groups of four with three of the four holding hands in a circle.
* Help players choose one of the three players holding hands to be the “runner”, the person to be tagged.
* Demonstrate safe tagging:
  + Light touch, like a butterfly wings, on the shoulder.
  + Unsafe tags: hard contact that might cause the person being tagged to fall.

**Set Up**

Designate a clear playing area.

**How to Play**

* The player outside the circle is the “tagger”, trying to tag the runner.
* The other two players holding hands in the circle will help to protect the designated runner by moving the circle in different directions.
* The tagger cannot go inside the circle and s/he cannot lean on the arms of the people holding hands. Once the tagger has tagged the runner, the positions change.
* Keep an eye on the play and make sure groups are changing positions.

**Variations**

* Place a cone in the middle of the triangle and have players move around that cone.
* Tornado Tag: Have the two players who are protecting the runner keep their eyes closed.