

Area	Title
Athletics/Coaching/Sports	Train up a Child
Athletics/Coaching/Sports	Academics through Athletics ... Is your Scholar Athlete Recruit Ready?
Athletics/Coaching/Sports	The Performance-Based Mindset
Athletics/Coaching/Sports	Creating a Successful Basketball Program
Athletics/Coaching/Sports	Branding Your Programs - LIKE IT OR NOT IT'S HERE
Athletics/Coaching/Sports	Are Your Surroundings Safe to Play and Compete?
Athletics/Coaching/Sports	Creating a Successful Middle School Softball Program
Athletics/Coaching/Sports	Seeing Football through a Different Lens
Athletics/Coaching/Sports	Be Mentally Tough
Future Professionals	HEAL High School Program-What FPs need to Know about this New Program
Future Professionals	Balancing Teaching and Coaching for New Professionals
Future Professionals	How Can I Get Involved in my Profession? How Can I be the BEST New Professional Possible?
Future Professionals	What to Expect from your First Years of Teaching
Future Professionals	What I Learned at the Southern Tier Future Professionals Leadership Conference
Future Professionals	Designing and Using Learning Supports to Impact Student Learning
Future Professionals	Maximizing the Use of Adapted Physical Education Equipment
Future Professionals	edTPA: The View from Future Professionals on Learning and Preparing for this Assessment
Future Professionals	"What does this mean?" Defining edTPA Academic Language in Physical Education
Future Professionals	Well, this is Different: Navigating Physical Education edTPA Task 3 and What Makes It Different from Other Programs
Health	First Aid/CPR/AED Certification/Recertification Course
Health	Youth Mental Health First Aid Workshop (5 sessions)
Health	Human Trafficking 101 (in Alabama)
Health	Nutrition and Mental Health
Health	Trauma Informed Response to Victims of Domestic and Sexual Violence
Health	What Just Happened?!
Health	Getting Back to Basics - A Mindful Eating Approach
Health	Let's Talk Health Education: What's IMPORTANT? Mental Health, SEL, Nutrition
Higher Education	Understanding Physical Educators' Views on Student Mental Health
Higher Education	The Rundown on Stand Ups
Higher Education	Physical Fitness of College Kinesiology Majors
Higher Education	Improving Teaching with Technology: Using GoReact Video Assessment Software
Higher Education	A Quick Start Guide to Conducting and Using Research to Improve your Program
Higher Education	Coach and Champion: Helping Kids with Trauma Triumph on the Field
Higher Education	Diving into Diversity: Integrating Intercultural Competence into PETE Curriculum
Higher Education	Get Yourself: Using the Enneagram to Improve Your Teaching
Physical Activity/Recreation	Competitive Mountain Bike Teams for Middle and High School Athletes in Alabama
Physical Activity/Recreation	A Walk on the Wild Side: Alabama State Parks
Physical Activity/Recreation	Love Your Mother/Leave No Trace Awareness
Physical Activity/Recreation	Wild Alabama - Get to Know Your Wonderful Wild Places in Alabama!
Physical Activity/Recreation	It's All About Tennis....Everyone Can Play!
Physical Activity/Recreation	Bringing the Outdoors into Your Program
Physical Activity/Recreation	Fun and Function: Integrating Nordic Walking to Train for Balance, Movement, Recovery, Strength, Cardio, and Power
Physical Education	Three Times the Fun!
Physical Education	National Archery in the Schools Program (4 hours online prior to conference and 4 hours on-site)
Physical Education	Pickleball - Fastest Growing Sport in America

Physical Education	The HEAL Way
Physical Education	Entering the Alabama Physical Fitness Assessment Information in PowerSchool
Physical Education	Practical Strategies for Social Emotional Learning in the Physical Education Class
Physical Education	Teaching Games for Understanding
Physical Education	Bingocize in Physical Education
Physical Education	The Good, the Bad and the Competitive
Physical Education	My Parents Don't Teach Me How to Play
Physical Education	Increase Moderate to Vigorous Physical Activity (MVPA) in Physical Education: Parts I & II
Physical Education	PowerUP EDU
Physical Education	ACTION! Team Games to Boost Engagement
Physical Education	How and Why to Build a Sensory Garden
Physical Education	It's All Fun and Games with Limited Equipment
Physical Education	Improving Literacy in Physical Education
Physical Education	The Game of the Cities
Physical Education	Grant Writing and Proposals
Physical Education	Get FAST and FURIOUS with Omnikin!
Physical Education	Be Healthy School Grant
Physical Education	Managing Mayhem or PE Paradise - YOUR CHOICE!!!
Physical Education	Large Class? No Problem!
Physical Education	Jump Rope - Build on the Basics and Make Jump Rope Fun!
Physical Education	Building a Positive Social Climate in the Classroom
Physical Education	Alabama's Teacher Observation Tool: An Overview for Teachers
Physical Education	Wait, What? I Wouldn't do It That Way!
Physical Education	All About That Fitness
Physical Education	HEAL - The PLAN and ACTION!
Physical Education	Brain Pump!
Physical Education	Jump Rope - Build on the Basics and Make Jump Rope Fun!
Physical Education	New Teacher Roundtable Discussion
Physical Education	Physical Education Holistic Approach
Physical Education	9 Square in the Air
Physical Education	Omnikin: Have a BALL with Action-Packed Fun for All!
Physical Education	New Teacher Roundtable Discussion
Physical Education	Physical Education for EveryBODY
Physical Education	ACTION! Team Games to Boost Engagement
Physical Education	Large Class Sizes-Group Games/Activities
Physical Education/Adapted	STEM and PE: Creating Fun Tech Tools to Meet Diverse Needs
Physical Education/Adapted	The Science of Brain Pump
Research	National Health Education Standards Revision Update
Sport & Exercise Science/Fitness	The Importance of Preserving Strength and Muscle Mass as We Age
Sport & Exercise Science/Fitness	Antioxidant Supplementation for Metabolic Health and Performance
Sport & Exercise Science/Fitness	MOVE WITH PRIDE-Examining Physical Activity and Fitness in Sexual Minority Women
Sport & Exercise Science/Fitness	Introduction to the Process of Publishing and Reviewing Scientific Research
Sport & Exercise Science/Fitness	Velocity-Based Training: An Alternative Training Method
Sport & Exercise Science/Fitness	It's Never Too Early: Resistance Training Strategies for Youth Development
Sport & Exercise Science/Fitness	Carbohydrate Mouth Rinsing: Applications for Sporting Performance
Sport & Exercise Science/Fitness	Preparing Future Health Professionals: Steps to Successful Graduate Program Applications
Sport & Exercise Science/Fitness	Assessment of ACSM's Preparticipation Screening in Older Adults and those with Chronic Diseases