

**Advancement of Equality, Diversity, and Inclusion**

**Penny Edwards**

**NCHPAD/Lakeshore, Inclusion Specialist**

Penny Edwards received her master's degree in Exercise Science from Auburn University Montgomery and has been an advocate for equality and diversity from the beginning of her professional career. She participates in organizing and creating programs for all things health and physical activity for all individuals and her most recent position with NCHPAD has offered her the opportunity to become certified as a certified Adaptive Recreation and Sports Specialist where she develops resources and trainings to ensure every child is included in the appropriate activities that school offer. Dr. Dunaway states that Penny is *"always looking for ways to serve the underserved, she is a servant leader"*. One of Penny's colleagues at Lakeshore Foundation states that Penny *"thinks outside of the box to share ideas with their team to ensure the objectives and goals are met. She knows how important our jobs are to assist organizations, schools, and companies to build healthier and more equitable communities for all"*.