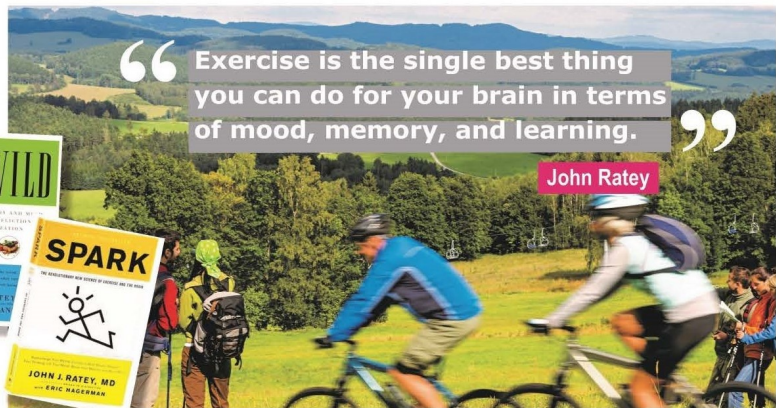
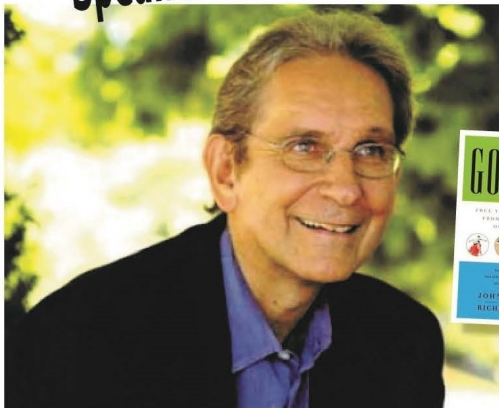


- **8:30 am - 9:45 am:** Keynote address by John J. Ratey, MD, author of *Spark: The Revolutionary New Science about Exercise and the Brain*
- **10:00 am - 11:45 am:** Panel discussion with Q&A moderated by Dr. Vic Wilson, CLAS Executive Director
 - Dr. John Ratey, Harvard Medical School
 - Dr. Yvette Richardson, Alabama Board of Education, District 4
 - Dr. Kathy Murphy, Superintendent, Hoover City Schools
 - Mrs. Tiffany Williams, Principal, Tuskegee Public School
 - Mr. Chris Reeves, Physical Educator, Warrior Elementary School
- **Grab and go lunch provided** - No registration fee for CLAS members - Preregistration required

Featured Speaker

Best selling author, John J. Ratey, MD, is an Associate Clinical Professor of Psychiatry at Harvard Medical School and an internationally recognized expert in Neuropsychiatry.



"If you had half an hour of exercise this morning, you're in the right frame of mind to sit still and focus on this paragraph, and your brain is far more equipped to remember it." ~ John Ratey

What? Administrator Forum

Who? Council for Leaders in Alabama Schools (CLAS) members

When? February 12, 2020 8:30 am - 11:45 am

Where? Hyatt Regency Birmingham - if you need to arrive the night before call Hyatt Reservations 402-593-5098 refer to the Group Code G-3DON

How? Preregister by January 27th. There is **no fee** for CLAS members to attend the Administrator Forum but **preregistration is required!** Send an email with the Subject: Administrator Forum. Include your name, position, school & school system to dhester@asahperd.org. Additional registration details will follow.

"CLAS is thrilled to support ASAHPERD in bringing Dr. John Ratey to Alabama for the Health & Physical Literacy Summit 2020 and Administrator Forum. As you know, a healthy body aids a healthy mind, and CLAS stands with ASAHPERD in recognizing the important role administrators play in the health of those under their care. We encourage you to consider attending this very important meeting. It is truly an exceptional event and one that you will want to attend to ensure that you are doing all that you can to enhance the lives of Alabama's students." Vic Wilson, Executive Director, CLAS

The Administrator Forum is hosted by Alabama State Association for Health, Physical Education, Recreation and Dance (ASAHPERD) Donna Hester, Executive Director - PO Box 369, Arley, AL 35541 - 205-388-0304