

2025 Fall Conference - Tentative Program - 10-10-2025 Update Titles, Presenters, Days and Times are Subject to Change		
Sunday	Title	Presenter(s)
11:00-5:00	PLU for Administrators-Positive Impact of Quality Physical Education on Academic Performance	Sherri Huff, Alex Martinez, April Chamberlain, Ginger Aaron-Brush, Penny Edwards, Jonathan Thompson
1:00-4:00	CPR Recertification	Ron Ashley, Connie Dacus
1:00-2:30	PUMP UP your Middle School Physical Education program with HEAL! It fits you PERFECTLY!	Toni Leo, Amanda Hayes, Sheila Jett
2:40-4:10	Online Safety for Middle and High School Students	Taylor Yeatman
1:00-4:00	Symposium: Engagement in Higher Education: Using Artificial Intelligence (AI) to Spark Curiosity, Creativity and Critical Thinking; Brain Boosters in Higher Education; Fostering Student Engagement in Online Courses and Beyond; Student Engagement in Action: Lessons from a Disability, Health, and Physical Activity Program	Sheri Brock, Claire Mowling, Chris Rhodes, Amy Cantrell, Allison Jackson
1:00-4:00	Quick Games for Fun & Fitness	John Jones
1:00-4:00	The University of Alabama Strength and Conditioning Program	Alyssa Parten
1:00-5:00	Future Professional Workshop	Sandra Sims, Charity Bryan, Kathy Hill, KC White, Claire Mowling
Monday 8:30	First Aid for Severe Trauma (FAST)	Ronald L Ashley, Sherri Huff, Connie Dacus
	Coaching Middle School Girls - A Survival Guide	Sheila L. Jett
	Building Educator Pathways: How Community Colleges Connect High School Students to Teacher Prep Programs	Amy Rogers Cantrell, Chris Rhodes
	Nutrition Throughout the Lifespan	Lee G. Renfro
	Training Through Transition: Resistance Training for Perimenopausal Women	Alyssa Parten
	Teens in the Driver Seat	Suzanne Groves
	\$10,000 Grant Recipients and a Kids Marathon: Blue Cross Blue Shield Supports Physical Education	Rebecca Recke, Alicia Roden, Heidi Ramey, Heather Bertrand, Matt Rogers, Chris Reeves
	Discover Unique Ways to Practice Sports Skills While Combining the Benefits of Movement with Physical Activities that Encourage SEL!	Suzanne L Stone
	Outdoor Navigation Games	Barb Bryant
Monday 9:40	Helping Hurting Students: Responding to Grief with Confidence and Care	Debbie Wilbourn, Melissa Edwards
	Crossing Social and Emotional Health through Physical Education Curricula	Kelly Eley
	From Kinesiology Student to Professional: Why Engagement and Service Matter in Your Career	Charity Bryan, Kathy Hill
	HEAL High School Curriculum: HEAL Can IMPACT Your Program!	Sandra Sims, Joeva Bryant, Emily Dodson, Kim Cook
	Exercise is Medicine: The Role of Exercise Science Programs in Alabama	LaGarey Carter
	Making the Most of What You Have: Adaptions With Every Day Equipment	Hope Beach
	Online Safety for Middle and High School Students	Taylor Yeatman
	Move More, Play More, Learn More!	Joanna Faerber
	Outdoor Adventures is for ALL students	Scot McClure, Tari Garner
Monday 10:50	Health Division Assembly of Members	Health Division Officers
	SES Division & Research Council Assembly of Members	SES Division/Research Council Officers
	Physical Activity Council Assembly of Members	PA Council Officers
	Physical Education Assembly of Members	Physical Education Division Officers
	Future Professionals Assembly of Members	Higher Education Officers
	Athletics Council Assembly of Members	Athletics Council Officers
	Higher Education Council Assembly of Members	Higher Education Officers
Monday 11:30-1:00	NEW! Join us for a special luncheon held in conjunction with this year's 100th Anniversary Celebration and General Session featuring Lulu Gribbin. The cost is \$10 (\$40 value) – tickets must be purchased during early registration. Please note: The luncheon is optional. All registered members are welcome to attend the General Session, regardless of luncheon participation. Did you miss purchasing a ticket when you registered? Use this link to make a purchase: https://asahperd.memberclicks.net/add-on-lunch	

Monday		
1:10-3:20	Before the Red Flag: Protecting Kids Where They Learn, Play, and Grow	Debbie Wilbourn, Cyndi Aberbrombie
1:10-2:10	Behavior Management in Physical Education	Hope Beach
	From Campus to Classroom: Navigating the Transition as a First-Year Teacher	Sheri Brock, Sydney Knight, Ruel Brady Meadows, George Chambley
	1-Early Career Teacher Perspective on Personal Wellness and the Wellness Culture and Environment of their Schools. 2-Elevating Performance: A Year in College Women's Lacrosse Load Monitoring	1-Amy Carr 2-Natalie Easterling, Elijah Campbell, Greg Ryan, Robert Herron
	Benefits and Practice of Chair Yoga	Colleen Geary
	How to Build Athletes' Growth Mind Set Through SEL	Tiffany Miller-Bevins
	Ditch the Popsicle Sticks! Go Digital with the FREE Marathon Kids Program	Stefanie Ediger, Melissa Hubauer, Becky Peterson, Matt Rogers
	PE is More Than Duck, Duck, Goose - The Right Stuff	Joanna Faerber
	Flipping Feelings: Teaching Emotions Through Inside Out-Inspired Gymnastics	Chrissy Dillard, Otis Luke, Brayan Perez, Darren Robertson, Noah Walker, Claire Mowling
Monday 2:20	Before the Red Flag: Protecting Kids Where They Learn, Play, and Grow, continued	Debbie Wilbourn, Cyndi Aberbrombie
	From Surviving to Thriving	Logan Black, Karlene Nazario, Lynne Hose, Rebecca Recke
	Whistles, Resumes, and Real Talk-A Playbook for New Teachers	Jaime Giangrosso
	Culture in Motion: Embedding Culturally Relevant Pedagogy with Purpose in Physical Education	Claire Mowling, Sandra Sims
	What we have Learned from Higher Education Leaders and Students	Penny Edwards
	Parachute Fun: Your Mind is like a Parachute; If It isn't Open, It Doesn't Work	Holly Winfrey, Summer King
	Get FAST and FURIOUS with Omnikin!	Christine Courtney
	Innovative Programming for the Classroom Through Recreation	Natalie Norman, Steve Brown
	Activities for Kindergarten and Pre-K	Erin Reilly, Tiffany Higginbotham
Monday 3:30	Under Age, Under Arrest	Rusty Glover
	Building, Retaining, and Competing in Middle School Track and Field as a Feeder to High School Programs	Suzie Cater-Hardin
	Fueling Motivation in Physical Education: Psychological Approach to Motivation	Yongju Hwang
	Addressing Common Myths in Exercise Science	Zacko Rightmire
	Becoming an Outdoor Recreation Development Champion in Your Community	Brian Rushing
	Ropes, Cones and Fun with Heart Zones	John Jones
	Building Bridges: Teamwork in Action	Jordan Stolp
	Lacrosse 101	Brian Lucas, Jen Snyder
Monday 4:45-5:30	Awards Ceremony - Come congratulate and support your colleagues!	
5:30-7:00	President's Reception and Silent Auction! Come Join the Food and Fun	
Tuesday 8:30	PEHE-Positive Energy Healthy Educators	Sherri Huff
	Athletic Leadership: More Than Just Coaching, It's Mentoring	Jermaine Watson
	Impacting Student Learning: Designing Activities to Facilitate Success	Chrissy Dillard, Otis Luke, Brayan Perez, Darren Robertson, Noah Walker, Sandra Sims
	Winter Wonderland Fundraiser	Emily Dodson
	Using Participatory Science as a Means of Adding Purpose to Walking Exercise	Heidi A Kluess, Alexandra Neff
	Effortless Engagement in Health Education: Using Video to Hook Students to Meet Standards	Marilyn Lewis, Tami Speth
	The Importance of Unified PE for both the Typical and Atypical Student	Jessica Allred
	Building Bridges: Teamwork in Action	Jordan Stolp
	Let's Talk About Wellness: Understanding and Supporting Teacher Wellness and School Wellness Culture	Amy Carr
	Bring Tennis to Your School with No Courts Needed! Fun for ALL!!	Suzanne L Stone
	Ultimate Football: The Next Big Game in PE	Boone Brown

Tuesday 9:40	Eating Healthy - The Behavior Side	Lee G. Renfroe
	Volksmarching-Fun, Fitness and Friendship	Sara M Ricaurte, Diane McFarland
	Cognitive Benefits of Juggling	Angela Russell, Brett Davis
	1-Pump Up the Volume 2-Are Dogs more than Man's Best Friend? Transitional Opportunities in Human Health & Aging	1-Chris Ballmann 2-Shelby Osburn
	Examining the Potential Role of Artificial Intelligence in Systematic Reviews: Using Large Language Models to Accelerate Article Discovery	Madelyn Simmang, Michael Fedewa
	Adapted Physical Activity and You	Penny Edwards, Sherri Huff
	Beyond the Gym: Maximizing Learning and Engagement Through Field Trips	Matt Rogers, Heather Bertrand, Madison Thompson, Shelby Moon
	Teaching for the Olympics in Preschool	Candice Howard-Smith, Amy Garner, Chris Simer, Jeffery Weed, Deniro Good
	Quick Games for Fun and Fitness	John Jones
	Play with Purpose: HEAL United Games for Wellness & Connection	Ginger Aaron-Brush
	Integrating Tai Chi into PE: Promoting Health, Calm, and Lifelong Activity.	Yongju Hwang
	Research Posters	Higher Education Faculty & Students
Tuesday 10:50	Peer Wellness Clubs: A Pathway to Wellness	Marlon Turner
	Tyler Talk: A Legacy of Love and Mental Health Awareness	Mark Hilliski, Kym Hilliski, Michelle Peevy
	Powering Up PETE with AI: Hands-On Strategies for Smarter Teaching and Stronger edTPA Prep	Deborah Baxter, Libba Woodruff
	Reflections from the 2025 Southern Tier Future Professionals Leadership Development	Noah Walker, Witt Warren
	Everyone Take a Breath-Tips and Strategies for Helping Students Get Regulated	Dayna M. Watson
	Safety and Civility: You Can Never be too Safe	Alva Amaker
	Outdoor Adventures is for ALL students	Scot McClure, Tari Garner
	The Good, the Bad, and the Ugly: A Candid Look at PE in Jefferson County	Chris Reeves, Matt Rogers
	Fierce Fitness & Fierce Friendships: The Power of Roller Derby	Kelly Wolfe
	No Resources? No Problem! Games and Activities Designed to Overcome Marginalization in Physical Education	James Thompson, Adam Wolecki, Boone Brown, Robert Fukuhara, George Daly
Tuesday 12:00	Having Fun in Health Class	Tracy Box
	Why Did I Even Sign Up for This? Finding Purpose in Year One	Kenneth Shepherd Jr., Angel Davis
	The PhD Roadmap - Challenges, Opportunities & Benefits of Pursuing Graduate Studies	James Thompson, Adam Wolecki, Boone Brown, Robert Fukuhara, George Daly
	Exercise Programs for Volunteer Firefighters	Robert Herron, Greg Ryan, Kevin T. Harvey, Dana Morgan, Zachery T. Reed
	More Than Movement: Teaching, Talking, and Teaming up in Adapted PE	Madison Thompson, Patrick Davis
	Pickleball is for Everyone!	Jay Owens
	Teamwork Makes the Dreamwork	Miriam Sokol, Lindsey Haynes
	Unconventional Fun: A Session of Non-Traditional Action Team Games	Jordan Stolp
	AIM 4 PIE Best Cross-Curricular Activity	Carol Cranford, Joy Brindley
Tuesday 1:10	Fentanyl: Addressing the Teen Overdose Crisis	Tracy Box
	Teacher Candidate Field Experience Hours - What are they? What do we do? How do we get them?	Candice Howard-Smith
	The Current State of Youth Sports	Deon Washington
	Omnikin: Have a BALL with Action-Packed Fun for All!	Christine Courtney
	Tag You're It: Unlocking the Best Tag Games	Ginger Aaron-Brush