

2026 ASAHPERD Spring Conference Tentative Program-Subject to Change

Day	Time	Title	Presenter(s)
Friday 4/17/2026			
Research	8:30	Introduction to the Fastest Sport on Two Feet-Lacrosse	Cameron Johnson, Jett Johnson
Health	8:30	Creating Healthier and Happier Schools	Amy Carr
Adapted Physical Education	8:30	Adapted Physical Education: Evaluating and Writing IEPs for Students with Motor Deficits	Jessica Allred
Athletics	8:30	Stronger Physical Education for Alabama: Policies, Data, Action	Charity Bryan, Jonathan Thompson, Ben Kern, Wesley Wilson, Hans Vander Mars
Physical Education	9:40	Let's Dance! Learn Popular Line Dances that Your Students will Love!	Erin Reilly, JaNiyla Basby
SES	9:40	What is "Creatine?"	Zacko Rightmire
Physical Education	9:40	Retire? Are You Sure?	Emily Pharez
Higher Education/FP	9:40	Creativity, Clarity, and Control: Teaching Large Physical Education Classes in Higher Education	Deb Baxter & George Daly
General Session	10:50	What If Health Care Started in Schools? What if the most important place for health care isn't a clinic or hospital—but a school? Drawing from my experience as a pediatric nurse practitioner and now as USA Health System CEO, I'll share stories that challenge traditional models and show how earlier access, stronger partnerships, and educator influence can fundamentally change health trajectories for students.	Natalie Fox, CEO, USA Health Claire Mowling, Presider
Health	1:30	Rooted & Resilient: Using Movement to Build Trauma-Informed PE & Health Classrooms	Linda Coogan
Health	1:30	Emotional Intelligence and Relationships in Physical Education: Exercise, Emotion, Elevation	Aneshia Marshall, Cornell Foo, George Schaefer
Physical Activity	1:30	Core Connections: Pilates in Physical Education	Farrah King
SES	1:30	Renal and Cardiovascular Health in Lead Elementary Schools Teachers	Lee Winchester, Diana Winchester
Research	1:30	Research Poster Session	Charity Bryan
Adapted Physical Education	2:40	Learning Volleyball from a LEGEND	Tammy Richardson
Athletics	2:40	Movement as Regulation: Adaptive Physical Education and Behavior Support	Jennifer Williams
Physical Education	2:40	Interdisciplinary PE Games	Heather McMorris, Noel Stephens
Higher Education/FP	2:40	A Panel Discussion on Hot Topics in Physical Education Teacher Education: Program Design	Libba Woodruff, Deb Baxter, Claire Mowling, Kelsey McEntyre

2026 ASAPERD Spring Conference Tentative Program-Subject to Change

Saturday 4/18/2026			
Athletics	8:30	Athletics in AI-Making the Connection	Katasha Turner
SES	8:30	Challenges and Strategies for Coaching Multisport Athletes	Larz Balfanz, Kevin Harvey, Julian Fore, Weston Allen, Robert L. Herron
Adapted Physical Education	8:30	Practical Adapted PE Strategies for Inclusive Classrooms-	Dana K. Evans
Higher Education/FP	8:30	A Panel Discussion on Hot Topics in Physical Education Teacher Education: Mentoring for Success	Sandra Sims, Charity Bryan, Mark Deaton
Physical Education	9:40	Murder on the Island: A Survivor Fitness Escape Room	Claire Mowling, Tylde Alexander
Athletics	9:40	The "Already Done" Toolkit: Mastering the Logistics of Teams, Trips and Tryouts	Glynis Whitfield-Moss, Chris Reeves, Amber Cannon
Physical Activity	9:40	There is No "I" in Team, But There is in Win	John McIntosh
Physical Education	9:40	You Can't Make This Stuff Up	Rebecca Recke
Physical Education	10:50	If Not Us, Then Who? If Not Now, Then When? Brainstorming a Purpose-Driven New Teacher Orientation Plan	Brandy Rankins, Derrick Calvert
Health	10:50	Walk and Talk Wellness: The Beginning of a Teacher Podcast	Amy Carr
Higher Education/FP	10:50	The Leader You Are, The Leaders You Grow: A Go Your Own Way Session	Claire Mowling & Tylde Alexander
Physical Education	10:50	Action Research in Physical Education	Kory Hill
Physical Education	12:00	It's Not Magic: Navigating the "Awesome to Awful" Spectrum of District Wide Physical Education	Chris Reeves
Adapted Physical Education	12:00	Everyone Plays: Inclusion in Sports for Athletes of All Abilities.	Julia Starr
SES	12:00	Movement and Specific Warm-ups for Middle and High School Athletes	Luke Mitchell, Diogo Mazzoco, Justin McArthur, Greg Ryan, Stacy Bishop
Health	12:00	Road to Financial Independence	Eric Gibbons

Registration:

- Thursday, April 16 - 3:00 – 5:00
- Friday, April 17 - 8:00 – 2:00
- Saturday, April 18 - 8:00 – 11:00