

ASAHPERD

Future Professionals

Spring Newsletter



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ASAHPERD

Alabama State Association for Health, Physical Education, Recreation, and Dance.

MISSION STATEMENT:

ASAHPERD's Mission is to promote and support healthy lifestyles of Alabama citizens through high-quality programs in health, physical education, recreation, dance, sport and exercise science by:

- providing opportunities for professional growth and development;
- communicating the importance and value of our profession;
- encouraging and facilitating research findings to the profession and to the public;
- developing and evaluating standards and guidelines within the profession;
- and advocating for quality instruction by working with policymakers across the state.

**STRONGER
TOGETHER**

ASAHPERD Spring Conference

April 5-6, 2019
Phoenix VI Condominiums
Orange Beach, AL

Free to Future Professionals
who attend the
Future Professional
Leadership Workshop
on Thursday, April 4, 2019.

Backpack Drive

Each year the future professionals collect and donate backpacks filled with school supplies, active toys, healthy snacks, and more goodies. If you would like to contribute, you can bring mesh backpacks, schools supplies, and/or active toys to both the fall and spring conference.

2019 ASAHPERD Future Professional Leadership Workshop
April 4, 2019
“STRONGER TOGETHER”

THURSDAY, APRIL 4TH			
TIME	TITLE	PRESENTER/PRESIDER	ROOM
1:00-1:45	Welcome Get Together & Team Building	Corey Wells	Phoenix VII
1:45-2:15	Simple Tips for Handling Stress	Brianna Rudolph	Phoenix VII
2:15-2:45	Speed Interview	Phillip Smith	Phoenix VII
2:45-3:15	Technology use in PE	Zak Jones	Phoenix VII
3:15-3:30	Resume Workshop	Zak Jones	Phoenix VII
3:30-4:00	Health and Wellness	Cassandra Jordan and Christian Scruggs	Phoenix VII
4:00-4:30	Advocacy	Ginger Aaron-Brush	Phoenix VII
4:30-4:45	Inclusion for All	Penny Edwards and Allison Tubbs	Phoenix VII
4:45-5:00	Closing Session Elections of FP Officers	FP Executive Committee	Phoenix VII
6:00-7:00	Shrimp Boil with the great chef-Donna Dunaway	FP Executive Committee	Pool Deck

It is time to elect new officers. The deadline for advisors to nominate new officers for the 2019-2020 year is April 1, 2019.

Future professionals will vote during the leadership workshop at 4:45.

Contact Information

Future Professional Officers:

Corey Wells, President
ccw25@uab.edu

Brianna Rudolph, Vice President
bnr95@uab.edu

Zak Jones, Member at Large
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Cassandra Jordan, Member at Large
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Christian Scruggs, Member at Large
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Phillip Smith, Member at Large
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Vision Statement

“ASAHPERD envisions all citizens in Alabama to have the opportunity to enjoy a quality life through knowledge and active participation in healthy lifestyle choices.”

Follow ASAHPERD



If you are interested in joining or want to know more information about ASAHPERD feel free to visit the website at www.asahperd.org